



Interesting | December 19, 2017

Mabel Katz – The world traveller peace ambassador

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Mabel Katz, internationally acclaimed author, speaker, and world peace ambassador, has been trail blazing across the globe, sharing her program “The Easiest Way” with crowds of eager seekers looking to find the path to happiness, peace, and abundance. As a leading authority on Ho’oponopono, she is in

constant demand by organizations and individuals who are looking for guidance on how to bring more meaning into their lives.

In fact, for the better part of a decade, Mabel has changed the lives of millions of people around the world. In 2017 alone, she met with her followers in 11 cities and 9 countries and was also part of Pope Francis' general audience in Rome. She closed the "Being One" event in Madrid, speaking to a crowd of over 4,000 excited participants. This year, she also had the chance to travel to Mexico, Italy, Romania, India, Croatia, Serbia, Spain, Hungary, and Puebla, Mexico, where she spoke to 1,500 adolescents. In other words, Mabel is one busy, passionate, and committed woman. How does she do it, all while feeding her own soul? It's a good question. Fortunately, I had some time to sit down and talk to her before she travelled back to Los Angeles for some long overdue rest.

You gave up your career as an accountant 10 years ago. Since then you have given lectures in over forty countries and hundreds of cities, inspiring thousands of people. You must be exhausted? Isn't it tiring to always be on the move?

I used to work as an accountant and tax consultant in America, and since I have started this new career, I can't really count how many places I have visited. Of course, most people only see the positive side of these trips—how wonderful it is for me to travel. What they don't see is how demanding it can be. Travelling is much different if you travel for work than if you travel as a hobby. Now at the end of November, I felt very tired because I had been on the road for two months without stopping. Every week there was a different airport and a different place to stay. It can be challenging... and a lot of work.

Can you recall the place you taught your first "Ho'oponopono" seminar?

If I remember correctly, it was my hometown, Los Angeles, California. It was important to me because it was the first seminar I taught on my own, without the assistance of my master.



How did a successful accountant, consultant, and tax expert, who was born in Argentina and lives in Los Angeles, come to discover the ancient Hawaiian art of "Ho'oponopono"?

I had been living in Los Angeles for a long time when one day I woke up and realized that there was a spiritual world whose existence was unknown to me. It was like my eyes opened for the first time. Right then I started to look for peace and the path that leads to happiness. One of the approaches I tried during my quest was the method of rebirth, which finally led me to "Ho'oponopono." It is interesting that my first training in Ho'oponopono was held in Omaha, Nebraska and not in Hawaii. In fact, most of my courses were not held in Hawaii. A few were, but most took place in different countries or states in the USA. When I was studying, I followed my master, so I went where he went. And he was constantly on the move. Just like me now.

So, travelling has become an integral part of your life?

Yes, even when I was an accountant I would sometimes follow my master while he travelled. I'd check his course schedules and, when I could, I'd

take a few days off and accompany him to his lectures. I did this at least once a month.



Of all the countries you've visited, which culture or nation has had the biggest impact on you? Who did you learn from the most?

I always learn something in each country, and from each nation. What I most enjoy is when I can talk to young people and children. As I often speak about things that don't seem logical, when I get positive feedback from these youngsters—that what I'm saying is not nonsense—it's always a relief for my soul. It is so satisfying that I can reach kids in their early childhood, and help them move in a direction that will truly change their lives. I wish I had known about this when I was a child. No words can describe the feeling you get when you can help a child avoid a crooked and complicated path, and instead guide them on the road to truth.

How do you choose the places to share your lectures?

In fact, I never choose the places; when I get an invitation, I simply travel to that place. The only things that I choose are the courses I organize for children and their parents in Los Angeles.



When you get to a new place and have some free time between courses, what do you like to do?

I always visit the markets in a new city, because these are the places where you can really feel the atmosphere of the town, and where you can meet local people. Mostly I just stroll the streets with no special purpose. Sometimes I do some shopping, but usually, I just walk into the shops and look around. I think this is the best way to explore the place where I am. That is why I love Europe. You can walk everywhere. In Los Angeles, where I live, nobody walks. (laughing)

Aside from the courses, don't you also organize spiritual trips to all these wonderful places?

Yes, besides the seminars, we also organize trips for the participants. We go to some amazing places together, where we can develop and grow spiritually. We took a spiritual trip to Israel, where we climbed the Mount of Olives. We have spent time in Machu Picchu in Peru, as well as some very interesting days in India and Mexico. And, of course, we have also been to the fascinating Mount Shasta, in Northern California. It is an active volcano, you know, with an air of mystery to it. There are lots of tales and legends behind Mt. Shasta.

Where is the next place where you are going to teach?

Well, from Budapest I will now go to Spain. The final stop of this year's two-month tour is Madrid. Then I'm going home, but I still have plenty of work to do. I am working on a new book. But at least I will be at home.

The interview was made on 20th November in 2017 thanks to Klara Mora, the Hungarian representative, translator and publisher of Mabel Katz.