

Mabel Katz Presents
The ZERO FREQUENCY® Workshop
A Unique Approach to Supporting Outstanding Work
From Employees

The Surprising Key to Enhanced Employee Performance

It is universally accepted that employees are the backbone of any organization. However, no less respected a source than the Harvard Business Journal's acknowledgement, that happy employees – at all levels of the hierarchy – are more motivated, productive, and committed.

Mabel Katz delivers a powerful workshop that can be customized for any organization and will produce happy and consistently more effective results. The ZERO FREQUENCY® Workshop reveals to employees, managers, and executives about how to align their skills, talents, and passions in work, to achieve ultimate company objectives, so everyone naturally experiences greater happiness and fulfillment in successfully accomplishing what they need to do. The inevitable result is greater productivity and higher success rates for people at all levels of the organization. Among the highlights of this workshop are:



The Benefits of Operating from a Foundation of Peace

We all have programs stored in our subconscious that cause us to label things as tough problems, challenging people, or difficult situations. We also have a “delete key” on the keyboard of our minds we can use to erase those labels that undermine our objectives.

The ZERO FREQUENCY® workshop reveals simple principles for using this delete key and reaching a “Dynamic Neutrality.” To a peaceful place, from past negative learning and disruptive mind chatter that stops the flow of productivity. Now situations can be evaluated with clarity and focus, and better decisions naturally become evident. Being at peace despite external pressures allows ideal solutions to emerge even for business issues that previously seemed insurmountable.

Enhanced Job Performance from Accessing What’s Already There

Each person has a “natural knowing” that reveals perfect practical solutions no matter the

situation in which they find themselves. Unfortunately, we have become trained to ignore it and invest our attention in external circumstances that distract us from what we know. The ZERO FREQUENCY® workshop provides techniques for turning this around so that natural knowing, intuition, and inspiration become the guide to the resources and bases of our choices and actions.

Specific Skills that Support Superior Performance

While the workshop is thoroughly engaging and presents deceptively simple principles, results are profound and measurable. Participants learn to:

- Delete unconscious reactions that impact negatively on plans, goals, decisions, and results
- Establish peace of mind that can be accessed at any time—no matter what’s going on around them
- Take themselves to a state of “Dynamic Neutrality,” where they gain clarity and produce ideal results
- Let go of expectations and allow natural knowing to guide them and surprise them with outstanding outcomes
- Be open and flexible so they arrive at excellent solutions through inspiration
- Resolve issues and dilemmas by recognizing their own habitual and unthinking reactions. As a result, they will take personal responsibility (response-ability) in all situations.
- Mentally re-tune to release internal reactions that make life stressful
- Put their unique inner strengths into action for success
- Operate with confidence from a foundation of strengthened self-assurance and awareness



Overall, participants gain access to their key qualities and learn to facilitate cooperative working environments and co-worker synergy. They naturally integrate methods for activating these qualities, which produces a significant positive impact on achieving objectives and propelling the company forward toward its goals.

When Will You Set Your Company on the Path to Greater Success?

If you can see that your organization will benefit by having employees, managers and executives who demonstrate the qualities described above, contact us to learn how to put this workshop to work for you.



Zero Frequency® for Employees is now available for your organization

Many seminars focus on adding skill sets to improve performance. Zero Frequency® promotes the exponential increase in effectiveness of existing skills and talents and the discovery of innate abilities previously inaccessible due to unconscious beliefs and habits of thinking.

What Is Zero Frequency®?

The work Mabel Katz does is based on the unique concept of Zero Frequency®. It involves accessing a state of awareness where confusion and limiting beliefs simply are not present. It is a natural state, and is, in fact the state we are in as young children, before we acquire “knowledge” that tells us what we can’t do.

Reaching Zero Frequency® we are able to see situations much more clearly and make effective choices that become immediately apparent once the static of the mind stops. We experience intuition and inspiration and become much more creative at solving previously insurmountable challenges, at work and in our personal life.

As Mabel puts it, “When we are at Zero, we are our authentic selves, able to access our true talents and natural gifts, happy and at peace. We are in the flow, whatever is right and perfect for us coming to us easily and effortlessly.”

With practice, Zero Frequency® can be reached quickly and easily, and regardless of situations around us. It is accessible in the face of apparent crises at work, upset co-workers or superiors, or difficulties with family or friends. With heightened clarity, excellent solutions are more easily perceived and achieved, worker relationships improve, and tasks are accomplished more quickly with greater efficiency. Confidence increases based on this enhanced clarity and improvement in work performance.

Like children, great artists and athletes frequently experience the state of Zero Frequency®. They call it “being in the zone;” that place of peak performance where the mind is still and time seems to stop. They train themselves to access this state, striving to reach and stay in that awareness. When we can learn to let go and get back to the state of pure awareness, like those athletes, we find we become more aware, conscious, and in balance, in tune with the limitless possibilities that come from the newly accessible source of all inspiration, instead of our old memories and programs.

Science tells us that we are only conscious and aware of a mere sixteen bits of information per second, while our minds are producing eleven million. These thoughts and data are playing in our minds constantly, however we are unaware of them because they exist in our subconscious. Zero Frequency® works on the eleven million thoughts buzzing around in the deepest part of our minds that cause the static and uncertainty.

Zero Frequency® is about listening to our inner voice as it solves problems through inspiration instead of our programming; those memories that created our problems in the first place. The heart of the process is problem solving through gratitude and forgiveness. When we respond with gratitude to those things that have caused difficulty in our lives, asking with pure intent to clean and erase those programs, we reach the state of Zero Frequency®. At that point, for reasons that science is still trying to understand, the challenging problems seem to self solve and go away.

Mabel Katz has assisted tens of thousands worldwide in reaching Zero Frequency® and applying it at work and in their personal lives. She is available for keynotes, talks and Zero Frequency® workshops geared to the needs of your organization. The enclosed materials describe these in detail.

Testimonials

"Thank you so much for sharing your experiences and knowledge regarding the Zero Frequency® Program. Our personnel was pleasantly surprised with how something so simple - or at least that's how you conveyed it - can be so powerful and have the ability to transform us and, therefore, offer our university a greater probability of development.

Going back to zero, and letting go of negative emotions and habits can open up a new world. It's like starting over, from a new platform, where we are able to keep all of our knowledge and abilities, but eliminate all of our self imposed limits.

Continue teaching. Many of us will thank you for it. With no further ado, I wish to reiterate my deep respect and gratitude." ~ Higinio González Calderón, Dean of UANE University

"The Conference imparted an excellent philosophy which will allow us to implement important changes in ourselves and in our environment." ~ Jorge Alanís Villareal, General Director of Colegio Americano

The series was extremely insightful and helpful. Mabel was very gracious in sharing her wisdom and I learned a lot. I encourage anyone thinking of taking a seminar with Mabel to go for it. You won't be disappointed!

"I felt so loved and nurtured by Mabel's beautiful voice, wisdom and energy." ~Christi, USA

The series was extremely insightful and helpful. Mabel was very gracious in sharing her wisdom and I learned a lot. I encourage anyone thinking of taking a seminar with Mabel to go for it. You won't be disappointed! ~ Thomas, USA

Dear Mabel, when I met you, I didn't even have a job. I didn't have the money, but I trusted and took the training with you. That helped me to find myself. I became a graphic designer and formed my own Company.

Thank you Mabel you gave me the strength and the perfect tools to achieve all these miracles in my life. ~ Manuel, USA

Mabel Katz

Is an internationally acclaimed speaker, author, and seminar leader who is recognized as a leading authority on Ho'oponopono, an ancient Hawaiian art and practice of problem solving for achieving greater clarity of purpose and living and working more effectively. She has crafted a series of keynotes, talks, and seminars for corporations, businesses, and individuals; applying the practices of Ho'oponopono to bring companies closer to their full potential and give people an edge at work and in all areas of life. Mabel's series also include unique seminars for children and parents.



Based on using Ho'oponopono's forgiveness and gratitude, Mabel's presentations also focus on practical ways for reaching what she calls Zero Frequency®, a state where we are free of restrictive memories and limiting self-talk. From the clarity of Zero, outstanding solutions become apparent and excellent choices can be made.

Mabel is rapidly gaining acclaim for her work in support of world peace. She has spoken in front of national senates and other influential government bodies and presented at the United Nations. She has addressed multi-cultural audiences, including those of diverse ethnicities in the Middle East.

Born in Argentina, Mabel moved to Los Angeles in 1983 where she became a successful accountant, business consultant, and tax advisor. In 1997 she started her own company, Your Business, Inc., a step that not only enhanced her own success but also increased her ability to work more directly with others. Her company prospered by helping new and established businesses to expand and grow.

Amplifying her contribution to the Los Angeles Latino community, Mabel created and produced a radio program, *Despertar* (Awakening), then a television talk show, *The Mabel Katz Show*. Motivated by her desire to bring awareness about better living choices for the Latino Community, her shows employed the best features of Oprah, Suze Orman, and Rachael Ray. As a result of her media work, speaking, and seminars, she has become known in the Spanish-speaking community as "the Latino Oprah Winfrey." Mabel has received numerous prestigious local and national awards recognizing her achievements in business and with local communities.

Despite the success of her business and her media celebrity, Mabel chose to move from those endeavors to follow her heart's desire -- devoting her prodigious talents and powerful drive to assisting people worldwide with what she has learned and continues to learn from Ho'oponopono.

Studying and traveling with Ho'oponopono Master Teacher, Dr. Ihaleakalá Hew Len, Mabel deepened her learning. Mabel has been exposed 24 hours a day for more than a decade to the Secret beyond the Secrets of this ancient Hawaiian art of problem solving. From this foundation, Mabel has designed her unique workshops to bring wisdom and gifts to audiences across the planet.

Mabel authored her first book, *The Easiest Way*, which has received widespread praise from readers and thought leaders alike. She has authored several other books, including a wonderful children's book, and her works have been published in English, Spanish, Korean, Portuguese, Swedish, German, French, Russian, Chinese, Italian, Czech, Hebrew, Japanese, Croatian, Hungarian, Polish and Romanian.

Today, Mabel maintains a busy global speaking and seminar schedule. She has presented throughout Europe and Eastern Europe, China, and Central and South America as well as across the United States and Canada. In her talks, she often shares how she has used what she has learned to move into a fulfilling and successful life of travel, speaking, and working with others to create the lives they had only dared to imagine.

Mabel Katz is truly an exceptional woman of international stature with universal appeal. The work she does is transforming businesses and improving lives. Her unique presentations reach people's cores -- their souls -- giving them tools to create lasting results. Many have said Mabel has changed their lives forever.

"Problems, be they spiritual, mental, physical, or material, are simply memories replaying in the subconscious mind. The beauty and simplicity of Self-Identity through HO'OPONOPONO is its an ability to erase memories replacing them with inspirations for perfect living. In The Easiest Way, Mabel Katz tells her story about rediscovering her Identity and freedom through applying Self Identity through HO'OPONOPONO in every area of her life. Everyone who reads her book will find gems of wisdom allowing them to discover for themselves their own Identity and freedom."

Dr. Ihaleakalá Hew Len, Ph.D. Ho'oponono Master Teacher

"The Easiest Way" by Mabel Katz is the clearest explanation of HO'OPONOPONO I've ever seen!"

Joe Vitale, author, teacher, inspirational speaker and star of "The Secret"



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